

The LITTLE Method

At Little Minds Play Studio, we believe play is more than just something children do for fun — it's how they learn, connect, experiment, communicate and make sense of the world around them.

That's why everything we create is guided by our LITTLE Method: six simple principles that shape the way we design our play experiences, workshops and activities.

From the materials we choose to the way we invite children to participate, every Little Minds experience is designed to encourage curiosity, build confidence and give children the freedom to explore.

L — Learning Through Play

Play is powerful.

Children learn naturally when they're engaged in something that interests them. A simple invitation to scoop, pour, build, mix or create can support language, fine motor skills, problem-solving, social development, independence and so much more.

Rather than sitting children down and telling them what they need to learn, we create experiences where learning happens naturally through play.

Because when children are having fun, they're busy learning too.

I — Inspire Curiosity

We want children to wonder.

Our experiences are designed to spark that little "what happens if...?" moment — encouraging children to ask questions, make discoveries, experiment and follow their own ideas.

We don't always provide the answers. Sometimes the best learning happens when children get the chance to figure things out for themselves.

We create the invitation. Their curiosity takes it from there.

T — Taste-Safe Materials

Little ones explore with their whole bodies — and sometimes that includes their mouths!

Where appropriate, we use taste-safe materials in our sensory experiences, particularly for our youngest explorers. This allows children to investigate new textures, colours, smells and materials while giving parents greater peace of mind.

Taste-safe doesn't mean everything is designed to be eaten, but it does mean we thoughtfully consider the materials we place within reach of curious little hands and mouths.

T — Tactile Experiences

Learning should be hands-on.

Our sensory experiences encourage children to touch, squeeze, squish, scoop, pour, mix, manipulate and create.

These tactile experiences give children opportunities to explore different textures and sensations while supporting the development of fine motor skills, coordination, body awareness and sensory exploration.

And yes — sometimes the mess is very much part of the point.

L — Little Learners, Big Confidence

We're not looking for perfect results.

We care about the moment a child decides to have a go. The first time they confidently scoop something themselves. When they solve a problem without help. When they proudly show you what they've created.

Our experiences are designed to give children opportunities to make choices, try new things, experiment, problem-solve and experience success in their own way.

Because every little "I did it!" helps build something much bigger: confidence.

E — Explore Freely

There is no single right way to play.

We give children the freedom to explore materials, follow their interests and participate in ways that feel comfortable for them.

Some children will dive straight into the mess. Others might watch first. Some will carefully create something beautiful, while others will enthusiastically mix everything together just to see what happens.

And that's okay.

We encourage children to move at their own pace, make choices and explore without the pressure of getting it "right".

Because childhood isn't about following instructions perfectly.

It's about discovering the world for yourself.

The LITTLE Method in Every Little Minds Experience

The LITTLE Method is at the heart of everything we do.

Whether your child is squishing slime at a sensory session, creating a potion, building something from scratch, experimenting in a Wonder Makers workshop or simply getting stuck into a messy play invitation, there is always a bigger purpose behind the play.

We create the environment.

We provide the invitation.

We give children the freedom to explore.

And we let the learning happen.

Little experiences. Big discoveries. Even bigger confidence.

That's the LITTLE way.